FIRST LIGHT · SAMPLE

Weight tracker

Weights you measured. No target weight is printed, because a target is your vet's.

Copy this from your vet's plan

Dog's name

Clinic phone

Home scale: kg or lb. Write the word.

No target weight is printed. A falling or rising line is a reason to call.

Week One

Date

Weight

Same food?

Notes

Week Two

Date

Weight

Same food?

Notes

Week Three

Date

Weight

Same food?

Notes

Week Four

Date

Weight

Same food?

Notes

Week Five

Date

Weight

Same food?

Notes

Week Six

Date

Weight

Same food?

Notes

Week Seven

Date

Weight

Same food?

Notes

Week Eight

Date

Weight

Same food?

Notes

I never give insulin amounts here. Yours comes from your vet's written plan.

I'm an owner, not a vet. This is not veterinary advice, so check anything medical with your own vet.