FIRST LIGHT · SAMPLE

Food checklist

One page for the bowl your dog actually eats. The meal size stays blank until you copy it from your vet.

Copy this from your vet's plan

Dog's name

Date

Food name on the bag your vet agreed

Wet, dry, or both

How you measure (scale or cup). Not the amount.

Meal size

Copy this from your vet's plan

Toppers the vet knows about

Treats, and the time of day

Anything new this week

Questions

I never give insulin amounts here. Yours comes from your vet's written plan.

I'm an owner, not a vet. This is not veterinary advice, so check anything medical with your own vet.